



Bramshaw Cricket Club

Guidelines for Showering and Changing

(for players under the age of 18)



These guidelines apply to Adults and Young People (under the age of 18) sharing changing facilities.

1. Players aged 10 and under must be supervised at all times in changing rooms by two members of Staff of the same gender as the Players
2. Adults working with young teams, including Volunteers, Coaches, Umpires or Staff, should not change or shower at the same time using the same facility as Young Players.
3. If Young People need to share changing facilities with Adults, their Parents should be allowed to supervise them whilst they are changing
4. Mixed gender teams must have access to separate changing rooms or change at separate times
5. If Young People are uncomfortable changing or showering in public, no pressure should be placed on them to do so. Encourage them to do this at home.
6. Photographic equipment, including mobile phones with cameras, shall NOT be used in the same facility as Young Players.
7. Coaches shall conduct all team communication outside the changing facilities.
8. If your Club has disabled players, involve them and their Carers in deciding how, if applicable, they wish to be assisted to change and ensure they provide full consent to any support or assistance required